



Growth

A personal growth tool using the acronym “Mrs Gren” which is used in the life sciences to describe the basics that all living things have in common. Think about your life in Christ, your “*life in all its fullness*” (John 10:10). These “life markers” should help us think about the characteristics that should mark our life in Christ as leaders.

// **M - Movement.** Are you static, or can you (and do you) move your position? Can you give examples of where you have changed your mind?

// **R - Respiration.** Where do you get your energy from? what sustains you? What is your “oxygen?”

// **S - Sensitivity.** As a leader, you need to detect changes in your surroundings - can you adapt accordingly? Are you aware of what is happening - especially what is happening for others?

// **G - Growth.** Are you a learner? Are you teachable? Are you continuing to grow and invest in the development of yourself and others?

// **R - Reproduction.** Are you making disciples? Are you producing fruit? Are you seeing others join in with ministry because of your investment?

// **E - Excretion**. Are you keeping short accounts with God and others? How do you deal with your own failure and mess?

// **N - Nutrition**. When do you worship and pray? Are you feeding on God's word for your own soul nourishment - or just when preparing a talk?

